



UPMC | University of Pittsburgh
Medical Center

UPMC Western Psychiatric Hospital
Office of Education and Regional Programming

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

**March-
April
2020**

Videoconference Series

Fayette County Behavioral Health Administration
215 Jacob Murphy Lane
Uniontown, PA 15401
(724) 430-1370

March 4, 2020

- **Identifying the Bipolar Prodrome: Who is at Highest Risk, and What Can We Do?**

April 1, 2020

- **Five Essential Practices that Behavioral Health Clinicians Need to Know About K-12 Schools: Student Assistance Programs, MTSS and Other Initiatives in Pennsylvania**

Programs Available at Other Participating Sites

- **Eating Disorders in Sports and Performers (2/26/2020)**
- **Therapy Considerations for Individuals Seeking and Undergoing Weight Loss Surgery (3/11/2020)**

To register, please complete the attached registration form.

Identifying the Bipolar Prodrome: Who is at Highest Risk, and What Can We Do?

March 4, 2020
1 to 3 p.m.
Course Code: T348

Presenter:

Danella Hafeman, MD, PhD
Assistant Professor of Psychiatry,
University of Pittsburgh School of Medicine
Child and Adolescent Bipolar Spectrum Services (CABS)
UPMC Western Psychiatric Hospital

Program Description:

Youth with a family history of bipolar disorder are at elevated risk of developing the disorder themselves. This introductory webinar will focus on better understanding risk factors for the development of bipolar disorder, and prodromal symptoms that may precede disorder onset. We will discuss the work that we and others have done related to risk trajectories; describe a risk calculator to estimate person-level risk for new-onset bipolar disorder in at-risk offspring; and discuss early interventions that may address prodromal symptoms and decrease risk.

Educational Objectives:

By the completion of this session, participants should be able to:

- Identify the clinical symptoms that are associated with increased risk of bipolar onset, particularly in those at familial risk.
- Describe a risk calculator and how this can be used to estimate person-level risk for an outcome, in this case bipolar disorder onset.
- Discuss early therapeutic interventions that may help in this population, as well as basic medication strategies.

Target Audience:

This is an introductory program intended for physicians, psychologists, social workers, nurses, counselors, therapists and other clinicians working in mental health settings.

Continuing Education Credits:

CADC – 2.0	CME – 2.0	General CEU – 0.2
LSW/LCSW/LPC/LMFT – 2.0	NCC – 2.0	Psychologist – 2.0

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 2.0 *AMA PRA Category 1 Credits™*. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other health care professionals are awarded 0.2 continuing education units (CEUs) which are equal to 2.0 contact hours.

Tuition:

This program is free of charge.

To register, please complete the attached registration form.
 If you have questions, please contact: Nicole Kmetz (724) 430-1385 Email: video@fcbha.org

**Five Essential Practices that Behavioral Health Clinicians Need to Know About K-12 Schools:
 Student Assistance Programs, MTSS and Other Initiatives in Pennsylvania**

April 1, 2020
1 to 3 p.m.
Course Code: T350

Presenter:

Susan L. Tarasevich, Ed.D.
Clinical Educator, Prevention Education & SAP Services
UPMC Western Psychiatric Hospital

Program Description:

Clinicians and Educators have different but essential roles and responsibilities when working with children, adolescents, and their families. Each system has unique legal limitations and ethical codes of conduct that may, at times, seem at odds. The Pennsylvania Student Assistance Program is a K-12 mechanism for addressing learning barriers that compromise student success in school. The school-based professionally trained SAP team, including a liaison from a community behavioral health agency, collaborate to provide early intervention, screening, and supportive services for students' behavioral health concerns. This presentation will review the structure, roles, and responsibilities and boundaries of school Student Assistance Teams in Pennsylvania schools. There are differences between school, and clinical legal and ethical boundaries, particularly confidentiality, and these are important to recognize when generating collaboration. A significant strength of the Pennsylvania Student Assistance Program is the presence of the SAP Behavioral Health Liaison and their important responsibilities are described. Discussed are resources, as well as opportunities for better collaboration and safety net coordination.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- Identify the purpose of SAP in Pennsylvania
- Describe the roles, responsibilities and boundaries of SAP professionals.
- Discuss three legal and ethical similarities and differences between school and clinical statutes.
- Outline five ways to improve collaboration between clinicians, families, youth and school personnel.

Target Audience:

Professionals (Psychiatrists, Psychologists, Counselors, Physician Assistants working in Mental Health Settings, Psychiatric Nurse Practitioners, Psychiatric Nurses, Social Workers, Teachers, Residents, Fellows, Trainees, Students, and Peer Specialists), Patients, and Families with a basic knowledge of schools, but little to no background in school based behavioral health mechanisms currently in place. Appropriate for introductory and intermediate levels.

Continuing Education Credits:

CADC – 2.0	CME – 2.0	General CEU – 0.2
LSW/LCSW/LPC/LMFT – 2.0	NCC – 2.0	Psychologist – 2.0

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Tuition:

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Continuing Education Credit

Each program is offered for the designated number of continuing education credits

PHYSICIANS: CME

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CERTIFIED ADDICTION COUNSELORS: CADC

Western Psychiatric Hospital, Office of Educational Resources and Planning is certified by the Pennsylvania Chemical Abuse Certification Board (PCACB) to provide Certified Alcohol and Drug Counselor (CADC) continuing education credits for those participants attending the entire program.



COUNSELORS: NCC

Western Psychiatric Hospital is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

PSYCHOLOGISTS

Western Psychiatric Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Hospital maintains responsibility for these programs and their contents.

LICENSED/CLINICAL SOCIAL WORKERS, LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE AND FAMILY THERAPISTS: LSW/LCSW/LPC/LMFT

The indicated number of clock hours of continuing education is provided through UPMC Western Psychiatric Hospital's Office of Educational Resources and Planning, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Pennsylvania State Board of Social Workers, Marriage and Family Therapist. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For more information, call (412) 204-9085.

MENTAL HEALTH PROFESSIONALS: CEU

Nurses and other health care professionals are awarded the designated number of Continuing Education Units (CEU). One CEU is equal to 10 contact hours. Nurses: For attendance at this program you will receive a Certificate of Attendance confirming the indicated hours of continuing education. These hours may be considered eligible in completing the 30 hours of continuing education required for bi-annual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

The University of Pittsburgh, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, the University prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, sex, age, marital status, familial status, sexual orientation, disability, or status as a disabled veteran or a veteran of the Vietnam era. Further, the University will continue to take affirmative steps to support and advance these values consistent with the University's mission. This policy applies to admissions, employment, access to and treatment in University programs and activities. This is a commitment made by the University and is in accordance with federal, state, and/or local laws and regulations. For information on University equal opportunity and affirmative action programs and complaint/grievance procedures, please contact: William A. Savage, Assistant to the Chancellor and Director of Affirmative Action (and Title IX and 504 Coordinator), Office of Affirmative Action, 901 William Pitt Union, University of Pittsburgh, Pittsburgh, PA 15260, (412) 648-7860.

REGISTRATION FORM FOR THE WINTER 2020 VIDEOCONFERENCE SERIES

This registration form may be duplicated as needed.

PLEASE NOTE: Pre-registration is required. Please register at least two weeks before the course(s) you plan on attending as space is limited.

Only the continuing education credits listed on the individual program description are available for that program.

Please e-mail or fax this registration form to:

Fayette County Behavioral Health Administration
 215 Jacob Murphy Lane
 Uniontown, PA 15401
 Attn: Nicole Kmetz
 Email: video@fcbha.org
 Fax: (724) 430-1385

Information on upcoming WPH/OERP programs is available on the OERP website at www.oerp.pitt.edu

Name (Last, First):

Agency:

Address:

City:

State:

Zip code:

Day Telephone:

Email:

Indicate with an "X" which program(s) you want to attend

Eating Disorders in Sports and Performers (T347)
 2/26/20
NOT OFFERED AT FCBHA

Identifying the Bipolar Prodrome: Who is at
 Highest Risk, and What Can We Do? (T348) 3/4/20

Therapy Considerations for Individuals Seeking and
 Undergoing Weight Loss Surgery (T349) 3/11/20
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Five Essential Practices that Behavioral Health
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 Student Assistance Programs, MTSS and Other
 Initiatives in Pennsylvania
 (T350) 4/1/20

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In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials distributed at the time of the conference.

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs **at least two weeks** in advance of the program by calling **(724) 430-1370**.

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