



**May 2018 Mental Health Awareness Month  
Activities Sponsored by  
Chestnut Ridge Counseling Services, Inc.**

- CRCSI will be offering free **Depression Screenings** on **May 8<sup>th</sup>** and **May 22<sup>nd</sup>** from 10:00am-12:00pm and 2:00pm-4:00pm office at our Uniontown Outpatient Office: 110 New Salem Rd.
- We will be celebrating “**Client Appreciation Day**” on **May 16<sup>th</sup>** and will be offering light refreshments in the lobbies of our outpatient offices.
- CRCSI will be hosting a **panel discussion** on treating various diagnoses through Mindfulness on **May 23<sup>rd</sup>**. Brian Eberts, MD, will provide opening remarks followed by a panel discussion featuring three therapists – Kelly Harwood, LPC; Christine Freeman, LSW; and Kate Chiplaskey, LSW. Details will be published shortly.
- **First Responder Recognition:** we will be delivering cookie trays to various law enforcement, emergency medical services and other healthcare services throughout the month of May.
- Introduction to **Open Access** May 30, 2018. Invited Guests.